Evoke Transformation - Trust the Process

"The most exciting breakthroughs of the 21st century will not occur because of technology but because of an expanding concept of what it means to be human."



Aligned LeadershipTM - Coaching Package For Purpose, Presence & Performance

This journey is for leaders who've climbed high — and now feel called to go deeper. Who want their next chapter to be not just successful, but significant. They're asking:

- → How do I lead with more depth and authenticity in today's changing landscape?
- → How do I live and work with greater alignment and move toward real fulfilment?
- → And the big one: What's next, and why and how do I shape it with intention and purpose?

If these questions resonate... you're not alone. These reflections are showing up everywhere — and not just in coaching circles. The world's most influential firms — from McKinsey to BCG, Deloitte, and Accenture — along with many progressive organisations, are moving decisively toward more human-centric, purpose-led leadership models rooted in these very questions.

Why? In part because traditional playbooks no longer match the complexity, pace, or expectations of today's organisations — and our understanding of society and leadership is evolving.

But also — and let's be honest — midlife often brings a natural shift. Especially when it intersects with a certain career stage. And it's <u>not a crisis</u> — it is a powerful moment. To question current trajectory. To reflect more honestly on what truly matters in the chapter ahead — and the impact you want to have.

In the old playbook, ambition meant performance — not reflection. But those rules have changed. Today, the leaders who create the greatest impact lead with self-awareness, authenticity, and purpose — in alignment with what modern organisations and culture demand.

Integrating your personal journey with your leadership growth doesn't dilute ambition. It sharpens it. And it's a potent combination.

Aligned Leadership™ is a coaching journey for leaders ready to pause, reflect, and reconnect with what matters most — so they can design and live their next chapter more fully, and lead with greater clarity and coherence in the landscape we navigate today

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Package Includes:

Discovery Session (2 hours)

The powerful starting point. We explore who you are, what truly matters, and what you want to create or shift in your leadership and life. Together we define your focus, values, and the foundation for the coaching journey ahead.

Coaching Sessions (5 x 60 minutes)

A structured, thought-provoking conversation designed to help you clarify what matters most, explore possibilities, and take meaningful action toward your own leadership fulfilment. You bring the agenda; I partner with you to deepen awareness, challenge thinking, and generate forward momentum. Co-Active Coaching starts from the belief that you are *whole*, *capable*, and *resourceful* — and fully own your journey.

Leadership Sessions (3 x 60 minutes)

Using the 3+4+1 Framework™, we connect insight with structure to explore — shaping how you lead in a way that combines purpose, performance, and presence.

What You'll Walk Away With

Clarity of direction — not just goals, but a deeper orientation to lead with intention Authentic alignment — between who you are and how you lead A forward-aligned thinking — 3+4+1 Framework™ to integrate purpose, presence & performance Expanded capacity for change — built on trust, coherence, and human connection A renewed sense of self — grounded, courageous, and equipped for your next chapter

Investment

€1,888 (ex. VAT)

A 10-hour personalised coaching program grounded in purpose, growth, and leadership clarity.

This exclusive coaching offer is in connection with my certification as a CPCC (Certified Professional Co-Active Coach) — a globally recognised, ICF-accredited program known for its depth, integrity, and focus on authentic, transformative leadership. Therefor this special offer, must be signed before the 10th June 2025 and is limited to five clients during certification.

Next Step

If this resonates and you want to explore if this is the right for you?

Then I would welcome the chance to meet you online for free 30-minute chemistry call. Share where you are at in life and we see if this package, or rather individual coaching sessions, could be relevant:



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visit eighttridents.com/leadership-coaching



Rooted in Experience, Evolving Through Purpose

With over 20 years in global hospitality and military leadership across 11 countries — leading large, multicultural teams — I've seen how clarity and connection shape results. But it was the inward shift toward purpose, presence, and values that truly transformed how I lead.

Through Co-Active Coaching and the 3+4+1 Framework™, I now support leaders ready to evolve with authenticity in today's shifting and exciting landscape